

		<b>l</b>	<b>m</b>	<b>x</b>	<b>j</b>	<b>v</b>	<b>s</b>	<b>d</b>
07:00 - 08:00	<b>VIRTUAL</b>	CYCLING VIRTUAL		CYCLING VIRTUAL		CYCLING VIRTUAL		
07:15 - 07:30	<b>XPRESS</b>	<b>DBX</b>	<b>RADIKAL</b>	<b>ABDOMINALES</b>	<b>DST</b>	<b>DBX</b>		
07:15 - 08:00	<b>CYCLING</b>		<b>CYCLING</b>		<b>CYCLING</b>			
07:15 - 08:15	<b>LIVE</b>	<b>BODY PUMP</b>		<b>BODY PUMP</b>				
08:00 - 09:00	<b>VIRTUAL</b>	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL		
08:15 - 08:30	<b>XPRESS</b>	<b>GAP</b>	<b>DBX</b>	TREADMILL WORKOUT	<b>ABDOMINALES</b>	<b>DST</b>		
08:30 - 09:30	<b>LIVE</b>	<b>YOGA</b>	<b>BODY PUMP</b>		<b>PILATES</b>			
09:00 - 10:00	<b>VIRTUAL</b>	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL
09:15 - 09:30	<b>XPRESS</b>	<b>ABDOMINALES</b>	<b>DST</b>	<b>DBX</b>	<b>RADIKAL</b>	<b>ABDOMINALES</b>		
09:30 - 10:30	<b>LIVE</b>	<b>BODY PUMP</b>		<b>ZUMBA</b>		<b>PILATES</b>		
10:00 - 10:45	<b>LIVE</b>		<b>CARDIO HIIT</b>		<b>GAP</b>			
10:00 - 11:00	<b>LIVE</b>						<b>BODY PUMP</b>	
10:00 - 11:00	<b>VIRTUAL</b>	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL
10:15 - 10:30	<b>XPRESS</b>						<b>RADIKAL</b>	<b>GAP</b>
10:30 - 10:45	<b>XPRESS</b>	TREADMILL WORKOUT	<b>ABDOMINALES</b>	<b>DST</b>	<b>GAP</b>	<b>FREE FIT</b>		
10:30 - 11:30	<b>LIVE</b>					<b>YOGA</b>		
11:00 - 12:00	<b>VIRTUAL</b>	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL		CYCLING VIRTUAL
11:00 - 12:00	<b>LIVE</b>	<b>YOGA</b>		<b>BODY PUMP</b>				
11:15 - 11:30	<b>XPRESS</b>						<b>DBX</b>	<b>RADIKAL</b>
11:15 - 12:00	<b>CYCLING</b>						<b>CYCLING</b>	
11:30 - 11:45	<b>XPRESS</b>	<b>FREE FIT</b>	<b>GAP</b>	<b>ABDOMINALES</b>	<b>DST</b>	<b>DBX</b>		
12:00 - 13:00	<b>VIRTUAL</b>	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL
12:15 - 12:30	<b>XPRESS</b>	<b>DBX</b>	TREADMILL WORKOUT	<b>ABDOMINALES</b>	<b>DST</b>	TREADMILL WORKOUT	<b>ABDOMINALES</b>	TREADMILL WORKOUT
12:15 - 13:00	<b>LIVE</b>		<b>PILATES</b>		<b>BODY PUMP</b>			
13:00 - 13:45	<b>LIVE</b>	<b>PILATES</b>	<b>YOGA</b>					
13:00 - 14:00	<b>VIRTUAL</b>	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL
14:00 - 14:15	<b>XPRESS</b>	<b>DST</b>	<b>DBX</b>	<b>RADIKAL</b>	<b>ABDOMINALES</b>	<b>GAP</b>		
14:00 - 15:00	<b>VIRTUAL</b>		CYCLING VIRTUAL		CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	
14:15 - 15:00	<b>LIVE</b>	<b>BODY PUMP</b>	<b>ZUMBA</b>	<b>BODY COMBAT</b>	<b>PILATES</b>	<b>YOGA</b>		
14:15 - 15:00	<b>CYCLING</b>	<b>CYCLING</b>		<b>CYCLING</b>				
15:00 - 15:15	<b>XPRESS</b>	TREADMILL WORKOUT	<b>DST</b>	<b>FREE FIT</b>	<b>RADIKAL</b>	<b>ABDOMINALES</b>		
15:00 - 15:45	<b>LIVE</b>	<b>YOGA</b>	<b>PILATES</b>	<b>BODY PUMP</b>	<b>GAP</b>	<b>CARDIO HIIT</b>		
15:00 - 16:00	<b>VIRTUAL</b>	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	
16:00 - 16:15	<b>XPRESS</b>	<b>RADIKAL</b>	<b>GAP</b>	<b>ABDOMINALES</b>	<b>DBX</b>	TREADMILL WORKOUT	<b>FREE FIT</b>	
16:00 - 17:00	<b>VIRTUAL</b>	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	
17:00 - 18:00	<b>VIRTUAL</b>	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	
17:15 - 17:30	<b>XPRESS</b>						<b>ABDOMINALES</b>	
17:30 - 18:15	<b>LIVE</b>		<b>BODY COMBAT</b>	<b>GAP</b>	<b>BODY PUMP</b>			
17:45 - 18:30	<b>LIVE</b>	<b>CARDIO HIIT</b>				<b>YOGA</b>		

18:00 - 18:15	XPRESS	DBX	RADIKAL	ABDOMINALES	DST	FREE FIT		
18:00 - 19:00	VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL		
18:15 - 19:00	LIVE		BODY PUMP	YOGA	CARDIO HIIT			
18:30 - 19:15	LIVE	PILATES				PILATES		
19:00 - 19:15	XPRESS	GAP	DBX	RADIKAL	ABDOMINALES	DBX		
19:00 - 19:45	CYCLING	CYCLING		CYCLING				
	LIVE		YOGA	BODY COMBAT	GAP			
19:00 - 20:00	VIRTUAL				CYCLING VIRTUAL	CYCLING VIRTUAL		
	CYCLING		CYCLING					
19:15 - 20:00	LIVE	ZUMBA				BODY PUMP		
19:15 - 20:15	OUTDOOR			RUNNERS SANTS				
19:45 - 20:30	LIVE		ZUMBA	BODY PUMP	ZUMBA			
20:00 - 20:15	XPRESS	DBX	GAP	ABDOMINALES	RADIKAL	FREE FIT		
	LIVE					BODY COMBAT		
20:00 - 20:45	CYCLING				CYCLING			
	CYCLING		CYCLING					
20:15 - 21:00	LIVE	BODY PUMP						
	LIVE		PILATES	CARDIO HIIT	YOGA			
20:30 - 21:15	CYCLING	CYCLING						
20:45 - 21:00	XPRESS	TREADMILL WORKOUT	ABDOMINALES	DST	TREADMILL WORKOUT			
20:45 - 21:30	CYCLING			CYCLING				
21:00 - 21:45	LIVE	BODY COMBAT						
21:15 - 22:00	LIVE			BODY PUMP				
21:15 - 22:15	VIRTUAL	CYCLING VIRTUAL	CYCLING VIRTUAL		CYCLING VIRTUAL			